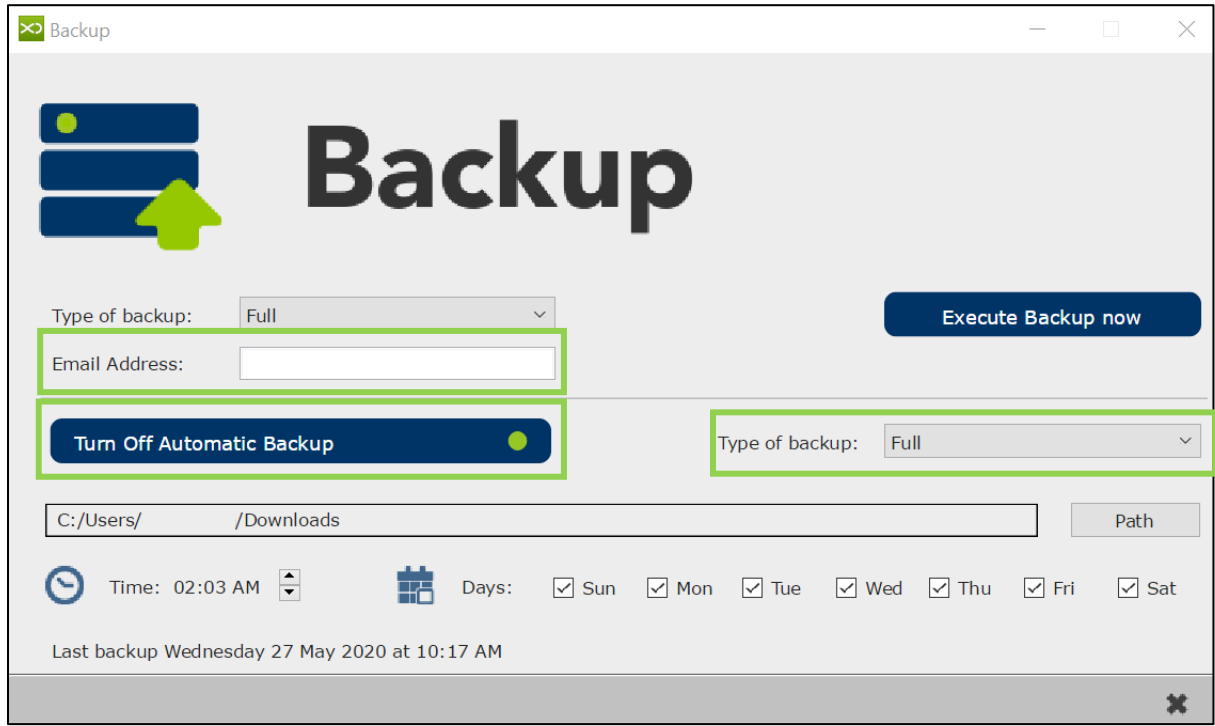# XDENT Data Backup Instructions
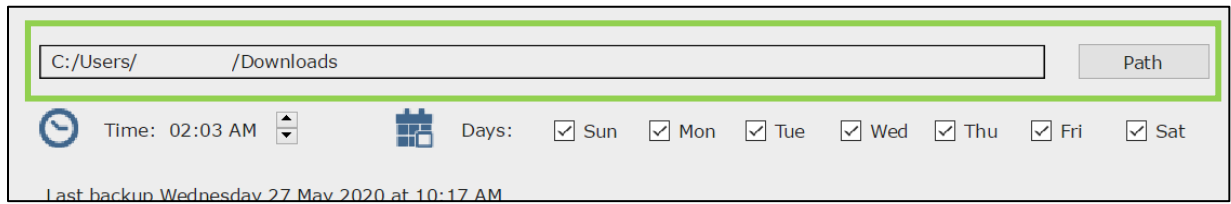
Navigate to Operations, and Backup on the XDENT menu.
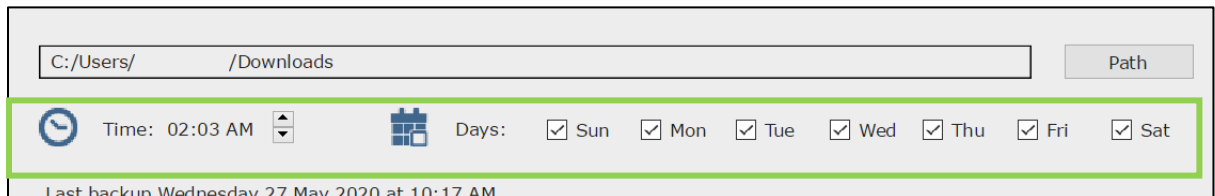

Step 1: Turn on Automatic backup, add your email address and select Full as the type of backup.

Step 2: Select the path to which you want to save your backup to be saved to.

Step 3: Select the time that you would prefer to run the backup (preferably out of working hours). Ensure that the server remains powered on if an after-hours backup time is selected.

Optional: Run a backup as and when you desire it to run