

# REMOTE PATIENT MONITORING

## CGM RPM

Remote Patient Monitoring



With **CGM RPM Remote Patient Monitoring**—a white-glove service for your practice and patients—we work as an extension of your team.

Our staff enrolls your patients, distributes devices, monitors results and trends, communicates with patients, and alerts you when clinical intervention is required.

Our monthly billing report makes coding easy, and our stand-alone portal supports all of our EHR users. It also integrates with our suite of popular EHR systems, including **CGM APRIMA**, **CGM eMDs**, and more.

### Key Benefits

- Facilitates real-time management of patient care
- Enables timely adjustments to treatment plans remotely
- Captures patient medical information and trends
- Assists in chronic disease management, post-operative care, and serving elderly patients and those with mobility restrictions
- Increases practice revenue
- Minimal administration required by the practice

# 54%

reduction in cardiac readmissions  
over 90 days post-discharge with remote  
patient monitoring<sup>1</sup>

#### Better care, better outcomes

With remote patient monitoring, patients are more likely to stick to their care plans and experience better health outcomes in addition to more immediate care when a measurement falls outside of their individual threshold.

Synchronizing Healthcare



**CompuGroup  
Medical**

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## Blood Pressure Cuff

Support a comprehensive approach to cardiovascular health management. Patients enjoy easy readings with the press of a button.



## Finger Stick Glucometer

Track glucose trends over time and be alerted to any readings that require intervention. Patients enjoy the convenient, compact design and intuitive user interface.



## Digital Scale

Easily monitor weight changes in patients managing conditions such as congestive heart failure (CHF) or those on weight-loss journeys.

## Proven results

In three clinical studies, the benefits of remote patient monitoring were noteworthy.

- Patients using remote patient monitoring showed a **54% reduction in cardiac readmissions** over a 90 days post-discharge period compared to patients who did not use remote patient monitoring<sup>1</sup>
- Participants saw a **19% increase in achieving their target blood pressure** using remote patient monitoring<sup>2</sup>
- Of adults with uncontrolled blood pressure, **55% had controlled, final blood pressure measurements** after at least 90 days with remote patient monitoring<sup>3</sup>

## Improved care, increased revenue

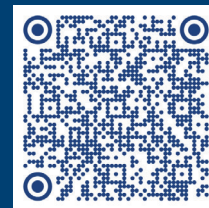
With our end-to-end service, patients adhere to their care plans more than before. Our regular communication improves patient satisfaction, and patients feel even more connected to their physicians.

Our monthly billing reports show practices which CPT codes to bill for, creating a no-risk environment for increasing practice revenue while delivering superior patient care.

<sup>1</sup> Source: Dr. Jeffrey D. Wessler, 2024. "Impact of a virtual cardiology programme for postdischarge patients with cardiovascular disease: a matched cohort analysis." BMJ Journals.

<sup>2</sup> Source: Simin Gharib Lee, MD, MBA et. al. 2023. "Remote cardiovascular hypertension program enhanced blood pressure control during the COVID-19 pandemic." Journal of the American Heart Association.

<sup>3</sup> Source: 2023. "One in two patients had better blood pressure control using remote, bilingual program." American Heart Association.



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